

# How To Maintain Your Sanity & Productivity With Kids At Home, Session 5

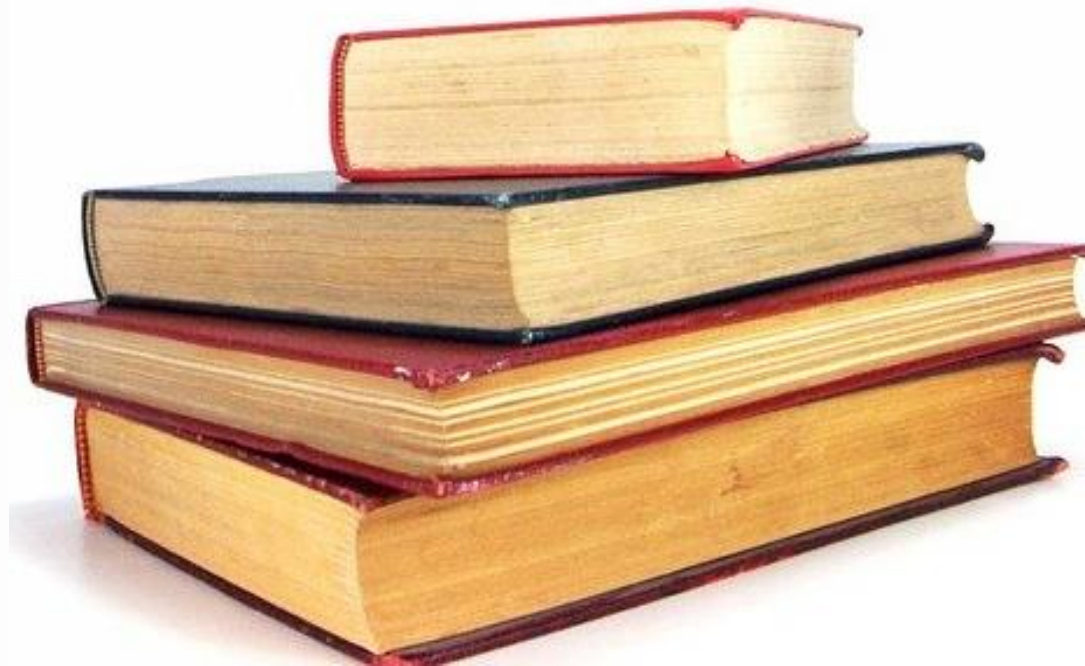


## Your host, Alison Meredith:

Alison Meredith taught High School Math in the 1990s, at Dobyns-Bennett and at schools in North Carolina and Massachusetts. She received a national award in 1997. Alison and her husband Tim have been home-educating their kids for 20 years; they have 7 kids ages 8-20.

Tim and Alison own Holston IT, a business which provides cybersecurity to other businesses throughout Southwest Virginia and the Tri-Cities.

Alison is a best-selling author. She and other IT leaders wrote **You Are the #1 Target**, to help business owners implement cybersecurity. She also has a Kindle book about protecting kids in digital communications.



# **Yesterday's Tips: Managing when Kids "Don't Do It"**

- **Be the Adult in the Room**
- **Communicate: brief, clear, listen**
- **Sandwich Strategy**

# **Today's Tips:**

## **Looking at The Big Picture**

- **Educating Kids: What's the Big Idea?**
- **In the Meredith Home on a “typical” day**
- **You Have Permission**

# Educating Kids: What's the Big Idea?

Classical Philosophy

Grammar, Logic, Rhetoric Stages

Charlotte Mason Philosophy

Reading Great Books, Outdoor Time,  
Freedom to Explore

Unschooling

Each Child is Unique. Own That.

# Educating Kids: What's the Big Idea?

I want my kids to become  
Independent Learners.

I want them to love learning.

# Educating Kids: What's the Big Idea?

The teacher must *listen to his student*, not continually "bawl words into his ears as if pouring water into a funnel."

Good teaching will come from "*a mind well-made* rather than well-filled."

Barzun quoting Montaigne

# “Typical Day” in Meredith Home

## What the 8 year old does

Checklist is posted; he may check off some of his independent lessons prior to our gathering time.

9:00—9:20 Bible Time

9:20—9:50 DEARS Time

9:50—10:00 DEARS Writing (once a week: DEARS Talking, then write a letter)

# “Typical Day” in Meredith Home

## What the 8 year old does

10:00 Group lessons with 13 year old and 10 year old:

History or Spelling or Vocabulary or Sentence Diagramming

10:30—12:00 Work on Independent Checklist

Read Bible Alone

Practice Poem (Memorize)

Math 5 minute drill

Science: Read book

Explode the Code: 2 pages

Handwriting: 4 lines

Grammar

Practice Violin

Catechism

Lunch, Quiet Time, Finish Checklist if needed, outside time, screen time



# “Typical Day” in Meredith Home

**Lots of Reading and Talking about Reading**

More thoughts on reading and a booklist are at:

<https://www.holstonit.com/seasonofgiving/> Password: CSLewis7!

# You Have Permission

To Figure out a plan that works for

YOUR family

YOUR schedule

YOUR children

# Where to Find These and More Resources

All 5 sessions of this webinar series are posted on the Holston IT website.

Videos, slide shows, and more resources you can download.

Direct link: <https://www.holstonit.com/2020/03/23/how-to-maintain-sanity-productivity-with-your-kids-at-home-1/>

Simple link: Go to [www.holstonit.com/blog](http://www.holstonit.com/blog)

From there, find the article dated March 23, 2020

# If You Still Have Questions or Want to Hear More

Email [alison@holstonit.com](mailto:alison@holstonit.com) with topics/questions you would like me to address in a future webinar.

I am willing to host a webinar a few more times this spring to encourage and help those who are suddenly and unexpectedly managing their kids at home.

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