

# Screentime and Digital Communication for Kids & Teens: How to Manage it All?

## Session 4 of 10



### Your host, Alison Meredith:

Alison Meredith taught High School Math in the 1990s, at Dobyns-Bennett and at schools in North Carolina and Massachusetts. She received a national award in 1997. Alison and her husband Tim have been home-educating their kids for 20 years; they have 7 kids ages 8-20.

Tim and Alison own Holston IT, a business which provides cybersecurity to other businesses throughout Southwest Virginia and the Tri-Cities.

Alison is a best-selling author. She and other IT leaders wrote **You Are the #1 Target**, to help business owners implement cybersecurity. She also has a Kindle book about protecting kids in digital communications.



# Today's agenda

- “Tell me more about the most popular digital games.  
How do kids interact with others on the game?  
What are the benefits and cautions?”
- Today we are *NOT*
  - discussing online chatting and communication
  - recommending or rating games
- Today we *ARE* explaining the different ways kids play games online

# Today's agenda

- “Tell me more about the most popular digital games. How do kids interact with others on the game? What are the benefits and cautions?”
- Examples:
  - MMORPG
  - Puzzle and Strategy
  - 4X
  - Online Social Games
  - Idle Games
  - Party Games

# MMORPG

(massive multiplayer online roleplaying game)

World of Warcraft

Final Fantasy

Multiplayer adventures

Questing and progression

Scaling power level

Party/Group-oriented

Available  
Quests



# Puzzle and Strategy

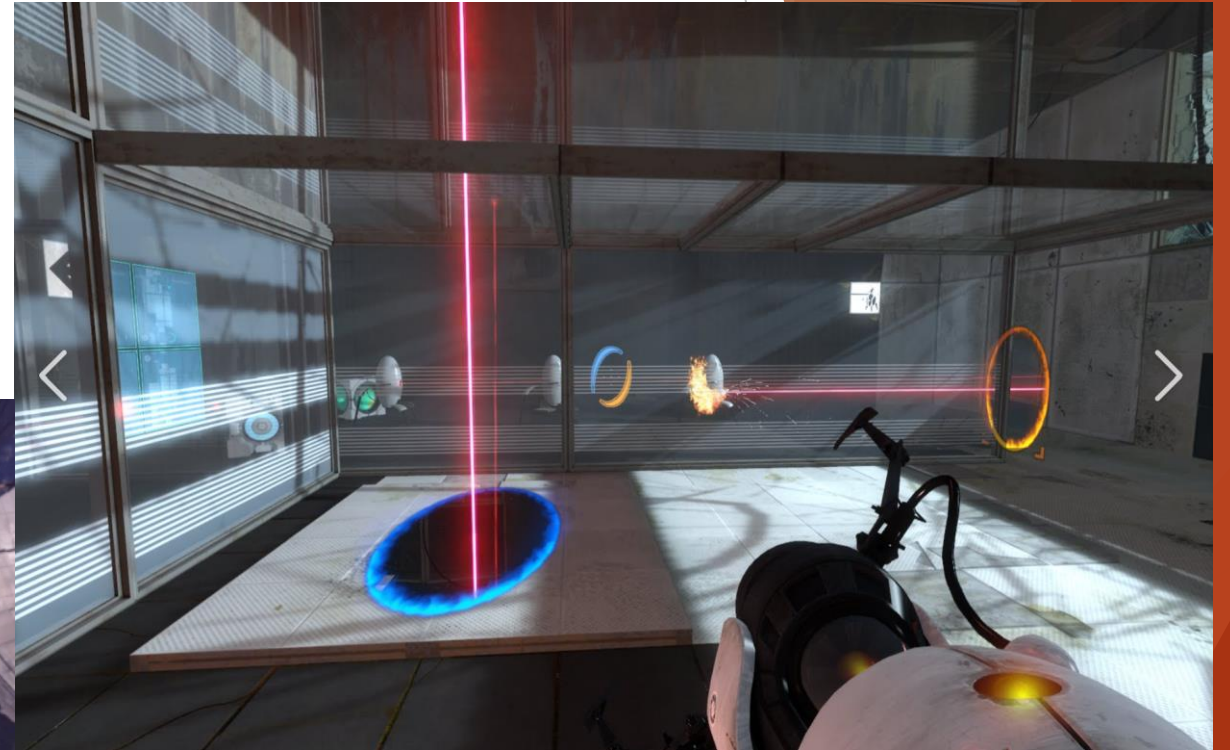
## Portal

## Defense Grid

Little interaction with others

Can compare scores

Range of mental stimulation



↑ PORTAL

← DEFENSE  
GRID

# 4X

(eXplore, eXpand, eXploit, eXterminate)

Civilization V

Stellaris

Endless Legend

Free for all

Multiplayer enabled

No chat needed

Long-form competition

MY CITIES



# Today's agenda

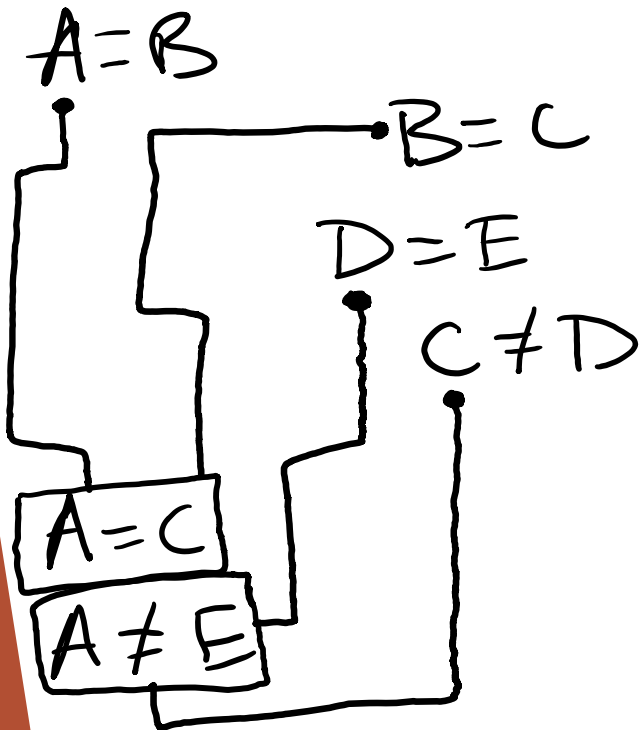
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# Online Social Games

## Among Us

Social deduction

Communication required



# Idle Games

## Candy Box 2

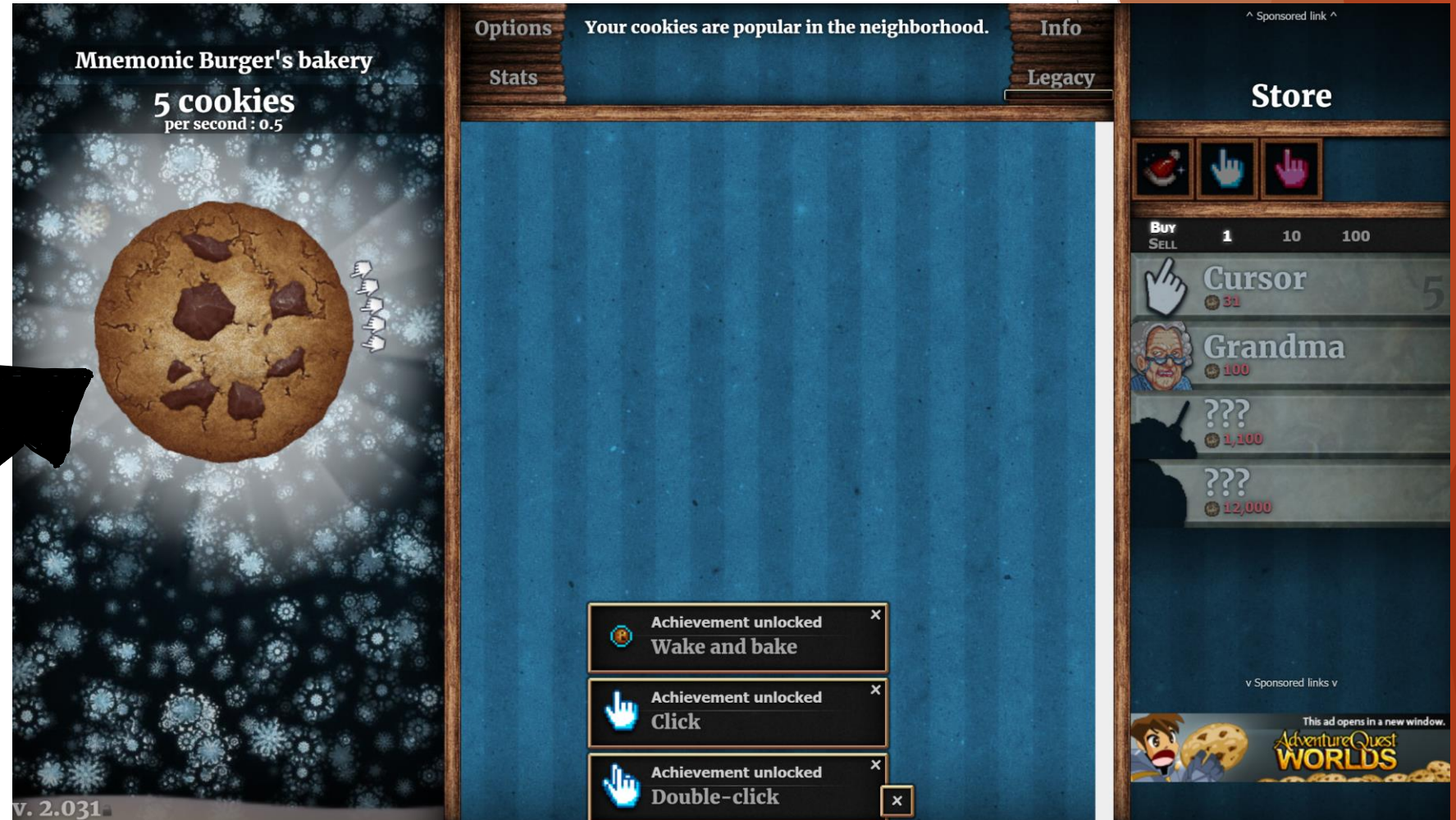
## Cookie Clicker

Barely a game

No player interaction required

Can compare scores

YOU CLICK  
THIS



# Party Games

## Super Mario Party

Group oriented

Offline play encouraged

Online play enabled



↑ SUPER SMASH BROS.  
← MARIO KART

# Examples Used

- “Tell me more about the most popular digital games.  
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## Yesterday

League of Legends

Rainbow 6 Siege (Tactical Shooter)

Fortnite

Minecraft (Sandbox)

## Today

World of Warcraft

Puzzle and Strategy

Civilization V

Among Us

Cookie Clicker (Idle Games)